Essential Urology

This textbook is the second edition of a practical publication which is intended for primary care physicians, general urologists, paediatricians, gynaecologists and allied health care providers. Editor J. Potts and the editorial team presented various improvements and wrote additional chapters to the first edition, significantly increasing the volume of information.

As the title indicates, this work gathers various selected chapters dedicated to the most frequently encountered problems in practical urology, and which require a substantial basis of practical knowledge. Paediatric problems were described in a general chapter summarizing various conditions, with urinary tract infections (UTIs) addressed in a special chapter including UTIs' peculiar aspects in children.

Genito-urinary cancers detection and screening were considered, including highlights on prostate cancer. Basic aspects of genito-urinary imaging techniques were described in a separate chapter that was richly illustrated. The diagnosis and management of haematuria were clearly explained, and the theoretical aspects were presented with clinical cases.

Urolithiasis was considered in a chapter that addressed various physiopathological aspects and focusing on the evaluation and medical management of stone formers, while urological problems related to pregnancy was summarized in another chapter. The section on female urology concluded with chapters dedicated to incontinence, interstitial cystitis and UTIs.

Male problems were described in various chapters which examined prostatitis and pelvic pain syndrome, infertility and lower urinary tract symptoms. Male and female genital diseases or genital diseases, on the other hand, were described in another well-illustrated chapter.

The concluding chapter focused on integrative medicine, and this section conveys the message that “It is more important to know what sort of person has the disease than what kind of disease the person has.”

Although non-exhaustive – obviously not the aim of the editor – this textbook offers an excellent overview of urological problems in clinical practice and can serve as a handy guide for many physicians.

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